Becky Makes...

MINCEMEAT

120g Shredded Suet (beef or vegetable)

2009 Raisins

2009 Sultanas

100g Currants

100g Chopped Apricots

100g Mixed Peel

100g Glacé Cherries, quartered

200g Soft Brown Sugar

1 Lemon (the juice and zest)

1 medium Cooking Apple, peeled and grated

1 level teaspoon Mixed Spice

2 tablespoons Brandy (or fresh Lemon or Orange Juice)

Makes about 1/4kg (3lb)

- 1. Wash and dry sufficient well-sealing glass jars to accommodate the mincement
- 2. Mix together all of the ingredients in a large mixing bowl
- 3. Divide the mixture into two equal halves and then using a food processor finely chop ("mince") one half of the mixture
- 4. Recombine the two halves of mixture and mix together thoroughly
- 5. Spoon the mixture into jars, then cover and label them
- 6. Keep in a cool place to mature for at least 3-4 weeks, turning the jar upside down occasionally to allow the juices in the mixture to permeate throughout.
- 7. Use this mincemeat in your mince pies for Christmas of course, but also in making or enhancing many other dishes watch out for my own suggestions here and on You Tube!

For a Demonstration of this recipe find me on YouTube: https://www.youtube.com/watch?v=2 yvmVYi1AD

